

ALTERNI

Seabuckthorn capsule

- Improves immune system
- Provides nutritional support for circulatory system
- Improves cardiac health
- Improves skin health
- Has anti-inflammatory properties
- High antioxidant to fight off excess free radicals
- High in natural source of Vitamin C

Make **ALTERNI**

Seabuckthorn capsule a part of your life

Recommended Dosage

Children	1 vegetable capsule	2 times daily before meals
Adults	2-3 vegetable capsules	



References:

1. Gao ZL, et al., Effect of sea buckthorn on liver fibrosis: a clinical study, World Journal of Gastroenterology 2003; 9(7): 1615-1617.
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3. Rosch D, et al., Structure-antioxidant efficiency relationships of phenolic compounds and their contribution to the antioxidant activity of sea buckthorn juice, Journal of Agricultural Food Chemistry 2004; 51(15): 4233-4239.
4. Xing J, et al., Effects of sea buckthorn seed and pulp oils on experimental models of gastric ulcer in rats, Fitoterapia 2002; 73(7-8): 644-650.
5. Yang Baoru, et al., Effects of dietary supplementation of sea buckthorn oils on fatty acids in patients with atopic dermatitis, 1999 Proceedings of the International Sea Buckthorn Congress, ICRTS, Beijing.
6. Zhou Yuanpeng, et al., Study on the effect of hippophae seed oil against gastric ulcer, 1998 Institute of Medical Plants Resource Development, The Chinese Academy of Medical Sciences, Beijing.
7. "Archives of Pediatrics"; Vitamin C in the Prophylaxis and Therapy of Infectious Diseases; WJ McCormack, M.D.; January 1951.

For more information or to place your order, please call our Customer Care Centre at

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www.alterni.com

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ALTERNI

ASIAN ALTERNATIVES, ENRICHED BY SCIENCE

Premium ALTERNI Seabuckthorn capsule



In collaboration with:



ALTERNI Seabuckthorn capsule

A "Multi-potent herb" since centuries ago...

ALTERNI Seabuckthorn capsule is the extract of the *Hippophae rhamnoides*, an orange berry that's rich in natural oils, vitamins and antioxidants. **ALTERNI Seabuckthorn capsule** is developed and produced by the renowned Yangtze Delta Region Institute of **Tsinghua University**.

In collaboration with:



The institute's Micro Environment Control Technology Research Centre complies with **ISO9001-2000**, the international quality control system authentication, and is certified to use HACCP (hazard analysis and critical control point), the international food safety and health system.

About Seabuckthorn (*Hippophae rhamnoides*)

- Known as the "Wonder Berry" or "Holy Fruit" of the Himalayas. This "super fruit" has health benefits for nearly every organ and function of the body, as indicated by more than 200 scientific and clinical studies done worldwide.
- A treasure trove of nutrients, seabuckthorn contains more than 190 active macro and micronutrients, including more than 60 antioxidants, in amazing balance: Vitamins A, B₁, B₂, B₆, B₉, C, D, E, F, K and P; Omega 3, 6, 7 and 9, essential fatty acids; 42 lipids; 17 amino acids; organic acids; folic acid; carotenoids, phytosterols, flavonoids, phenols, terpenes and tannins, 5-HT (serotonin) and 20 mineral elements.
- The average Vitamin C content in seabuckthorn is 400mg/100g compared to an average orange which has about 50mg/100g.



Health benefits of Seabuckthorn

• Cardiovascular System

The Journal of Functional Foods published a study which explains that specific flavonoids and carotenoids innate to seabuckthorn increase circulation lipid markers to act as powerful antioxidants, improve cardiac cell health and prevent cardiac cell death from oxidative stress and injuries. These flavonoids and carotenoids naturally lower cholesterol and the essential fatty acids can help treat hypertension.

• Liver Health

Seabuckthorn extracts, according to a clinical trial, help normalise liver enzymes, serum bile acids and immune system markers involved in liver inflammation and degeneration.

• Immune System Booster

Seabuckthorn has flavonoids that possess very strong anti-oxidant activity which improve the immunity of the body.

• High Source of Natural Antioxidant

Antioxidants are intimately involved in the prevention of cellular damage - the common pathway for aging and a variety of disease.

• High in Vitamin C

ALTERNI Seabuckthorn capsule is a rich source of Vitamin C and is an ideal supplement for individuals who lack fruits and vegetables in their diet.